

OUR DAILY BREAD



FEBRUARY 2021

Wednesday 24th: Pray for all who distribute to the needy.

Every morning tell Him "Thank you for your kindness," and every evening rejoice in all His faithfulness. **Psalm 92:2**

Thursday 25th : Pray for ourselves and loved ones.

Lord, may we love You wholeheartedly today and follow You every day of our journey on this earth. Commitment to Christ is a daily calling.

Friday 26th: Pray for businesses struggling due to the pandemic.

The name of the Lord is a strong tower; the righteous run to it and are safe. **Proverbs 18: 10**

Saturday 27th: Pray for a better 2021.

George Herbert – Priest, Poet 1633 - King of glory, King of peace, who called your servant George Herbert from the pursuit of worldly honours to be a priest in the temple of his God and King: grant us also the grace to offer ourselves with singleness of heart in humble obedience to your service; through Jesus Christ your Son our Lord

Sunday 28th: Praise God for all He does for us.

"I am the way and the truth and the life." John 14:6

Come, my Way, my Truth, my Life:

Such a way as gives us breath;

Such a truth as ends all strife,

Such a life as killeth death.

Come, my Light, my Feast, my Strength:

Such a light as shows a feast,

Such a feast as mends in length,

Such a strength as makes his guest.

Come, my Joy, my Love, my Heart:

Such a joy as none can move,

Such a love as none can part,

Such a heart as joys in love. – George Herbert

Prayer for Refreshing Your Spirit

Lord, refresh and gladden my spirit. Please purify my heart. I lay all my affairs in Your hand. You alone are my guide and refuge in all things. I will no longer be sorrowful and grieved. Instead, I will be a happy and joyful being. I will no longer be full of anxiety, nor will I let trouble harass me when I am faced with trials. I will not dwell on the unpleasant things of life. I ask that You refresh my spirit, and fill me with Your unfailing love in all things. Amen.

February Prayer for Lent

Forgive those things we have done which have caused you sadness, and those things we should have done that would have brought you joy. In both we have failed ourselves, and you. Bring us back to that place where our journey began, when we said that we would follow the way that you first trod. Lead us to the Cross and meet us there.

Monday 1st: Pray for our churches

Peace..... it's just a prayer away. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, presents your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **Philippians 4: 6-7.**

Tuesday 2nd: Pray for our Clergy

Almighty God, you have taught us that your word is a lamp for our feet and a light for our path. Help us, and all who prayerfully read your word, to deepen our fellowship with you and with each other through your love. In doing so we may come to know you more fully, love you more truly, and follow you more faithfully in the steps of your son Jesus Christ. Amen

Wednesday 3rd: Pray for our Church Services

"We must cherish one another, watch over one another, comfort one another, and gain instruction that we may all sit down in heaven together." **(Lucy Mack Smith)**

Thursday 4th: Pray for our Church Families

Worry never helps a situation. Who of you by worrying can add a single hour to his life? **Matthew 6: 27.**

Friday 5th: Pray for our Families and Relations

The heavens declare the glory of God: the skies proclaim the work of his hands.

Psalm 19: 1. Father, may we always be reminded that You have placed your beauty here on earth.

Saturday 6th: Pray for our Friends and Neighbours

All who humble themselves before the Lord shall be given every blessing and shall have wonderful peace. **Psalm 37:11**

Sunday 7th: Pray for all whom we know who are ill

Lord, show me how You want to spark joy in the tasks I face today, Amen A focus on the Lord is the beginning of joy.

Monday 8th: Pray for all suffering from Covid 19.

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."

- Edith Sitwell

Tuesday 9th: Pray for all working in the N.H.S.

Continue earnestly in prayer, being vigilant in it with thanksgiving. **Colossians 4:2**

Prayer unites the soul to God. – **Julian of Norwich**

Wednesday 10th: Pray for all working in the Emergency Services.

Thank you, Lord that you know everything about me and what I need. **Amen**

Thursday 11th: Pray for all delivering the Covid 19 vaccine.

"The flowers of late winter and early spring occupy places in our hearts well out of proportion to their size." - **Gertrude S. Wister**

Friday 12th: Pray for our Government and for all decisions they have to make.

Count Your Blessings

When upon life's billows you are tempest tossed,
When you are discouraged, thinking all is lost,
Count your many blessings, name them one by one,
And it will surprise you what the Lord hath done.

Saturday 13th: Pray for our world.

This is how God showed his love among us; He sent his one and only Son into the world that we might live through him. – **1 John 4:9**

Sunday 14th: Pray for peace in our world

Valentine was a priest or a bishop of Terni who was martyred at Rome under the Emperor Claudius. The connection of this celebration with lovers seems to be either as the traditional day in medieval belief when birds mated, or more likely as being linked with the pagan Lupercalia festival in Rome, which occurred on the Ides of February. For Christians, the day marks an acknowledgement of an all-loving God who blesses those who love one another, as Jesus implored his own disciples so to do.

Monday 15th: Pray for the safety of our churches and churchyards

"Every gardener knows that under the cloak of winter lies a miracle ... a seed waiting to sprout, a bulb opening to the light, a bud straining to unfurl. And the anticipation nurtures our dream." - **Barbara Winkler**

Tuesday 16th: Pray for all teachers and our schools

Only prayer which comes from our heart can get to God's heart.



Wednesday 17th: Pray for Lent.

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me. **John 14:6**

Thursday 18th: Pray for all shopworkers and keyworkers at this time.

Lord Jesus Christ, our hearts hurt when we hear about the pain and suffering that some endure. Have mercy we pray. Jesus came to bring us hope in the darkest of circumstances. Amen

Friday 19th: Pray for all school children and for their safety.

Head up, shoulders back, thoughts positive, heart set on the promises of God.

Saturday 20th: Pray for all those who have died.

Teach me to seek you, and as I seek you, show yourself to me, for I cannot seek you unless you show me how, and I will never find you unless you show yourself to me. Let me seek you by desiring you, and desire you by seeking you; let me find you by loving you, and love you in finding you. **Anselm** – (Wednesday Peregrini)

Sunday 21st: Pray for the lonely and depressed

Prayer for Self-Care

Lord, lift me up for Your blessings today. I pray that you will anoint me with strength and self-care today, tomorrow, and always. I pray that you will grace me with patience and wisdom. I pray that You will encourage me throughout the day to take the correct steps to walk proudly and behave well. I pray these things in Your name!
Amen.

Monday 22nd: Pray for the hungry and homeless.

If I can stop one heart from breaking,
I shall not live in vain:
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain

Emily Dickinson – American Poet 1830-1886

Tuesday 23rd: Pray for the food banks so all may not go hungry.

Father in Heaven, the light of your truth bestows sight to the darkness of sinful eyes. May this season of repentance bring us the blessing of Your forgiveness and the gift of Your light. Grant this through Christ our Lord. **Amen**