

**Lord Jesus, this is a month of delight, as we see more shoots of colour and new growth on shrubs and trees. We pray that our walk with you will be with that same joy and surprise at every step. Amen.**

**Thursday 1<sup>st</sup>**

*“You can never cross an ocean unless you have the courage to lose sight of the shore.”*

**Christopher Columbus**

**Friday 2<sup>nd</sup>     *The Presentation of Christ at the Temple / Candlemas***

*“The day be within me and without me, lowly and meek, yet all powerful.”*

**Jean Patterson**

**Saturday 3<sup>rd</sup>**

Set a guard, O Lord, over my mouth; keep watch over the door of my lips.

**Psalm 141 vv. 3 - 4**

**Sunday 4<sup>th</sup>**

Lord, through your power, all things are made; through your grace, all things are sustained. Give us the power to serve you, the wisdom to discern your laws and grace to obey those at all times. Amen.

**Monday 5<sup>th</sup>**

*“A day of silence can be a pilgrimage in itself.”*

**Hafiz**

**Tuesday 6<sup>th</sup>**

*“Your life is a message to the world; make it inspiring.”*

**Anon**

**Wednesday 7<sup>th</sup>**

Dear Lord, please untie my knots, the “will nots” of my stubbornness, the “can nots” of my fears and the “am nots” of my insecurities. Then turn my heart towards the “nots” of this world and hold me to you like a reef knot which only become tighter when the two ends pull apart. Amen.

**This week’s readings**

Psalm 5, verse 11 / Proverbs 23, verse 24 / Romans 10, verse 17

**Thursday 8<sup>th</sup>**

*“Fighting upward through February sleet, waiting to change, to break to the love of gold, the sunlight of spring.”*

**Kenneth Steven**

**Friday 9<sup>th</sup>**

*“So as the road goes winding on, step bravely, mile by mile, through sun and showers, hope and joy, the journey is worthwhile.”*

**Iris Hesselden**

**Saturday 10<sup>th</sup>**

**Lyndon Baines Johnson remarked:**

*“A book is an effective weapon against intolerance and ignorance.”*

**Sunday 11<sup>th</sup>**

God of all wisdom, help me to think before I speak, before I make rash promises. So, when I make a promise to you, O God, help me to make it as quickly as possible. Amen.

**Monday 12<sup>th</sup>**

Let us be like raindrops in our walk with God; by walking together, we can make oceans.

**Tuesday 13<sup>th</sup>**

***Shrove Tuesday / Pancake Tuesday***

**Victor Hugo points out:**

*“There are moments when, whatever the attitude of the body, the soul is on its knees.”*

**Wednesday 14<sup>th</sup>**

***Ash Wednesday / St. Valentine’s Day***

*“He prayeth best who loveth best.”*

**Samuel Taylor Coleridge**

**This week’s readings**

Psalm 4, verse 8 / Proverbs 10, verse 12 / Luke 6, verse 35

**Thursday 15<sup>th</sup>**

*“Imagine what a harmonious world it could be, if every single person, both young and old, shared a little of what they are good at doing.”* Let us join in the music.

**Quincey Jones**

**Friday 16<sup>th</sup>**

*“It always seems impossible until it’s done.”*

**Nelson Mandela**

**Saturday 17<sup>th</sup>**

*“I have always grown from my problems and challenges; from the things that don’t work out. That’s when I’ve really learned.”*

**Carol Burnett**

**Sunday 18<sup>th</sup>**

Help me, Lord, for you alone can my distracted soul be relieved. Forsake it not, it is yours; though weak, yet longing to believe. Amen.

**Monday 19<sup>th</sup>**

*“If you lack the courage to start, you have already finished.”*

**Anon**

**Tuesday 20<sup>th</sup>**

*“At the end of the game, the king and pawn go back in the same box together.”*

**Wednesday 21<sup>st</sup>**

There are many different ways to stay comfortable; I propose resting in the thoughts of God to be one of the best.

**This week’s readings**

Psalm 119, verse 50 / Micah 4, verse 4 / 1 Corinthians 4 v.18

**Thursday 22<sup>nd</sup>**

The Spirit of God has made me and the breath of the Almighty has given me life.

**Job 33, verse 4.**

**Friday 23<sup>rd</sup>**

**Pierre Teilhard de Chardin** a French priest and philosopher says that we are not human beings having a spiritual experience, we are spiritual beings having a human experience.

**Saturday 24<sup>th</sup>**

Loving Jesus, gentle lamb, in thy gracious hands I am,  
Make me, Saviour, what thou art, live thyself within my heart.

I shall then show forth thy praise, serve thee all my happy days;  
Then the world shall always see Christ, the holy child in me.

**Wesley**

**Sunday 25<sup>th</sup>**

Most merciful Father, who takes away the sins of all who truly repent, we come before your throne in the name of Jesus Christ, that for his sake alone, you will have compassion on us and let not our sins be a cloud between you and us. Amen.

**Monday 26<sup>th</sup>**

“Jesus, friend of the friendless” – many people have tried to live up to these words and it was in the month of February that the Order of St. John started. It began many years ago as a band of people who tried to help those who were friendless or in sorrow. First of all, they helped pilgrims to the Holy Land who were hurt or in need. But they also helped anyone, not only pilgrims, as this story from their history shows.

**Tuesday 27<sup>th</sup>**

**Don Quixote** once said to his squire **Sancha Panza** “*There is no untrue proverb.*”

Here is a Spanish one: “*He who sows courtesy reaps friendship and he who plants kindness gathers love.*”

**Wednesday 28<sup>th</sup>**

Above all, be generous to one another. Whatever gift each of you may have received, use it in service to one another. Give it as in the strength which God supplies.

**I Peter 4.**

**This week’s readings**

Psalm 54, verse 4 / Isaiah 12, verse 2 / Colossians 3, verse 15

**O Lord, our heavenly Father, almighty and everlasting God who has safely brought us from the beginning of this month to the end; defend us in the same with your mighty power and grant that this day we fall into no sin as we reflect back that there are no lingering doubts or regrets of things that we should have done or have failed to do. For all that we hope to achieve in our walk with you, we ask for your tender touch to guide us in the light and warmth of your love. We ask this in your precious name. Amen.**